

# Hard Healthy Foods

## Word Search

Find the words hidden in the puzzle

P	S	I	C	S	S	M	W	E	W	I	O	S	Z	R
X	M	J	J	A	C	T	E	M	N	H	E	A	U	K
C	O	P	J	C	U	X	A	I	H	T	F	T	C	S
H	O	S	T	S	I	L	L	U	A	R	A	X	C	E
I	R	H	B	Y	E	O	I	N	Q	B	E	R	H	I
C	H	L	Y	O	C	K	A	F	A	M	A	V	I	R
K	S	E	S	C	S	R	O	G	L	N	U	T	N	R
P	U	B	O	D	G	I	A	H	B	O	C	K	I	E
E	M	R	A	E	D	S	M	E	C	K	W	V	S	B
A	B	K	M	C	G	C	R	A	R	I	S	E	M	K
S	X	O	I	B	A	R	L	H	O	K	T	P	R	C
B	P	K	I	H	I	Q	U	I	N	O	A	R	X	A
P	C	H	F	E	I	D	F	T	F	F	R	E	A	L
B	R	U	S	S	E	L	S	O	A	K	H	D	L	B
S	S	E	R	C	R	E	T	A	W	A	A	T	O	N

**ARTICHOKES**

**BLACKBERRIES**

**BROCCOLINI**

**BRUSSELS**

**CAULIFLOWER**

**CHICKPEAS**

**CRANBERRIES**

**KOHLRABI**

**KUMQUATS**

**MUSHROOMS**

**POMEGRANATES**

**QUINOA**

**RUTABAGAS**

**WATERCRESS**

**ZUCCHINIS**